#### Unit 1

# Track 2

## Unit 1, page 8, exercise 12, listen and repeat

cute, dangerous, friendly, fun, hungry, lovely, pet, playful, scared, tired

## Track 3

## page 8, exercise 16, now listen to see if you were right

Daisy: Hi, Sam. Is this your sister?

Sam: No, it isn't. This is my friend, Josie.

Daisy: Hi, Josie! I'm Daisy. And how old are you, Josie?

Josie: Hi, Daisy. I am eleven.

Daisy: Is this your dog?

Sam: No, it isn't! It's my new dog!

Daisy: What's its name?
Sam: His name is Nemo.

Josie: He's lovely! Are you scared of dogs, Daisy?

Daisy: No, I'm not.

#### Unit 2

# Track 4

## Unit 2, page 14, exercise 12, listen and repeat

carpet, chair, closet, curtains, cushion, desk, lamp, poster, table, clean, dirty, tidy, untidy

## Track 5

## page 14, exercise 16, now listen to see if you were right

Female: What is there in your room, Shane?

Shane: Well, there is a chair and a desk, and a big closet. And there are beds, of

course!

Female: How many beds are there?

Shane: There are two – one for me and one for my brother.

Female: Where in the room is your bed, Shane?

Shane: My bed's next to my desk, and my brother's bed is behind the door.

Female: Are there clothes on the floor in your room?

Shane: Yes, there are.

Female: Who puts them on the floor?

Shane: Well, ... er ... me!

#### Unit 3

## Track 6

## Unit 3, page 20, exercise 12, listen and repeat

balcony, bathroom, bedroom, dining room, garage, garden, kitchen, living room, downstairs, upstairs, outside

# Track 7

### page 20, exercise 16, now listen to see if you were right

Harriet: Do you have an apartment or a house?

Mike: I have an apartment.

Harriet: How many rooms does it have?

Mike: It has five rooms. A big bedroom, a small bedroom, a living room, a

bathroom and a kitchen.

Harriet: Does your living room have a big window?

Mike: Yes, it does.

Harriet: Do you have a garden?

Mike: No, I don't, but I have a very nice balcony.

#### Unit 4

# Track 8

## Unit 4, page 26, exercise 13, listen and repeat

breakfast, dinner, lunch, bread, cheese, egg, fruit, ham, meat, sandwich, toast, vegetable

## Track 9

## page 26, exercise 17, now listen to see if you were right

David: What's your favorite food?

Alison: Hmm – I think my favorite food is fish. What about you? Do you like fish?

David: No, I don't. I like vegetables. I really enjoy meals with vegetables! And they

are good for you.

Alison: Do you do any cooking at home?

David: Yes, I do. I love making meals for my mom and dad. Do you cook at home?

Alison: Yes, I do... sometimes. But I don't like cooking very much. I'm not very good

at it.

David: And do you have lunch at school?

Alison: Yes, I have school meals. Do you?

David: No, I don't. I take my lunch to school with me. Mom makes me sandwiches

and gives me fruit.

### Unit 5

## Track 10

## Unit 5, page 32, exercise 13, listen and repeat

blouse, clothes, dress, glasses, jacket, jeans, pants, shirt, shoes, skirt, sneakers, T-shirt

## Track 11

### page 32, exercise 17, now listen to see if you were right

Martin: Come on, Katy! We don't have much time! It's time to get dressed to go to

the party!

Katy: I know. But I can't decide what to wear!

Martin: What about your new jeans? They're nice for a party.

Katy: Yes, they're great but I can't find my new T-shirt to wear with them.

Martin: Oh, Katy! How many T-shirts do you have? Why can't you wear one of your

other ones?

Katy: I don't like any of my other ones!

Martin: Don't be silly! You have lots of lovely clothes and you have some lovely

T-shirts. Wear your nice white one with the flowers on it.

Katy: I can't wear that because it's not clean! Anyway, you're not ready yet.

Martin: Yes, well... the thing is, I'm the same as you! I can't decide what to wear.

### Unit 6

#### Track 12

### Unit 6, page 38, exercise 12, listen and repeat

aerobics, baseball, basketball, football, golf, gym, karate, ski, soccer, sport, swim, tennis, volleyball

## Track 13

## page 38, exercise 16, now listen to see if you were right

Bess: Hi, Alex. Where are you going?

Alex: I'm going to my gym class.

Bess: Are you learning gymnastics these days?

Alex: Yes, I am... and it's great.

Bess: What sort of things are you learning to do?

Alex: Well, today we're doing different jumps over the special box in the gym. It's

great fun and good exercise too!

Bess: It sounds like you're enjoying it.

Alex: I am! What sports are you doing at the moment?

Bess: I'm not doing any sports. Can I come with you?

Alex: Of course!

#### Unit 7

## Track 14

### Unit 7, page 44, exercise 12, listen and repeat

birdwatching, collect comics, do photography, ice skating, mountain biking, play chess, reading, stamp collecting

## Track 15

## page 44, exercise 15, now listen to see if you were right

Mark: Hi, Claudia. Where were you last night?

Claudia: Oh, hi, Mark. I was at Yvonne's house. Yvonne does a lot of photography in

her spare time and I was there to see her new photographs.

Mark: Really? Were they good?

Claudia: Yes, they were. They were all photos of animals. What about you, were you

at your friend's house last night?

Mark: No, I wasn't. She was out with her parents. So I was at home.

Claudia: Was it boring?

Mark: No, it wasn't. It was OK – there were some great TV shows last night!

#### Unit 8

#### Track 16

### Unit 8, page 50, exercise 11, listen and repeat

century, city, computer, country, fast food, modern, rock music, smartphone, TV dinner, washing machine

## Track 17

## page 50, exercise 14, now listen to see if you were right

Helen: Hey, Alan, what did you do yesterday?

Alan: I didn't do anything interesting, Helen. I stayed at home all day and watched

TV. Oh, no... that's not quite true. In the evening I went out to Roland's

house for an hour. We played a computer game.

Helen: Did you go to the Internet café with Tom and Bruce?

Alan: No, I didn't. I didn't feel like it. What about you? Didn't you go anywhere

nice?

Helen: Yes, I did. Matt and I went to the new sports center.

Alan: What did you think of it?

Helen: We thought it was brilliant! You should come with us the next time we go.

Alan: Nice idea! Thanks!

#### Unit 9

## Track 18

### Unit 9, page 56, exercise 11, listen and repeat

ambulance, ankle, break, cough, doctor, examine, headache, hospital, nurse, patient, sprain, (walking) stick, temperature

## Track 19

## page 56, exercise 14, now listen to see if you were right

Grace: Hi, Victor. Why are you walking with a stick?

Victor: I hurt my foot yesterday.

Grace: What were you doing at the time?

Victor: I wasn't doing anything special. I was walking to school!

Grace: What happened then?

Victor: Well, I wasn't looking where I was going and I tripped over my own

feet!

Grace: You should walk more carefully!

Victor: Ha, ha... very funny!

Grace: Did you go to the doctor, or anything?

Victor: Yes, I did. He examined it quickly and said it was a sprain.

Grace: Oh, well. I'm glad you didn't break it!

Victor: Me too!

#### Unit 10

#### Track 20

## Unit 10, page 62, exercise 10, listen and repeat

alien, astronaut, Earth, Moon, planet, rocket, science, scientist, shooting star, space, Sun, UFO

## Track 21

## page 62, exercise 13, now listen to see if you were right

Bob: What are you going to do now?

Polly: I'm not sure. Right now I'm thirsty!

Bob: OK... I'll get you a drink... here you are.

Polly: Thanks. Hey – I have an idea. The new X Men film is on tonight at the

cinema.

Bob: It starts at half past seven.

Polly: Yes, I know, but it's the first night so it'll be busy and we haven't got tickets.

Bob: No, it won't be busy. Most people are going to the rock concert at the

Town Hall tonight.

Polly: Oh yes, you're right. It's going to be quiet at the cinema. Ok, let's go there

then!

Bob: OK. I'll just call Kenny and see if he wants to come with us.

#### Unit 11

## Track 22

## Unit 11, page 68, exercise 11, listen and repeat

digital camera, gadget, intelligent, IT = information technology, laptop, mobile phone, MP3 player, pay-as-you-go phone card, printer, surf the Internet, tablet (computer), technology

# Track 23

## page 68, exercise 14, now listen to see if you were right.

Allen: Wow! Look at all the gadgets in that shop window!

Nicola: Amazing! Which do you think is the best?

Allen: Well, I love smartphones. I think they're more fun than other gadgets.

Nicola: Hmm, I don't think smartphones are as much fun as tablets.

Allen: But smartphones are more exciting these days. They can do almost

everything now.

Nicola: Actually, I think digital cameras are the best thing of all.

Allen: But, Nicola, most smartphones are cameras as well now.

Nicola: Yes, that's true. But the photos aren't as good.

Allen: Look at that laptop! Now that really IS amazing!

Nicola: Yes, it is! OK, maybe laptops are better than anything!

#### Unit 12

#### Track 24

## Unit 12, page 74, exercise 13, listen and repeat

adventure, beach, bill, book, brochure, check out, hire, holiday, island, luggage, passport, relax, sunburned, tour, travel agent

### Track 25

#### page 74, exercise 16, now listen to see if you were right

Travel agent: Good morning, madam. Can I help you?

Customer: Yes, I'm looking for a holiday. I need to go away and relax for two

weeks.

Travel agent: So, you should think about a beach holiday. Do you have any idea

where in the world you might like to go?

Customer: No, not really but I don't have that much money to spend. And it

mustn't be somewhere too far away because I don't like flying very

much!

Travel agent: You may like to go somewhere in Europe, then, because you can

travel by car or train.

Customer: That might be an idea. But I must think about the others in my family

too – and we don't all like the same things!

Travel agent: Well, you should have a look at some of our brochures and then tell

me which places you are interested in.

Customer: OK, well I'll take some brochures home with me so I can show my

family.

Travel agent: Yes, that's a good idea. Let me know how you get on.

#### Review 1

## Track 26

## Review 1, page 76, exercise 3, listen and check A, B or C.

Matt: Hey!

Joan: Hi, Matt! What's in the box?

Matt: It's my new pet!

Joan: What is it?

Matt: It's a cat.

Joan: Wow! Really? Is it big?

Matt: No, it's small. He's a baby. Here, look in the box.

Joan: Oh, yes! It's small and cute, but cats aren't my favorite pets!

Matt: What's your favorite pet, then, Joan?

Joan: Dogs are my favorite. My dog, Dash, is great!

Matt: Dogs are OK... but cats are my favorite.

#### Review 2

## Track 27

#### Review 2, page 77, exercise 3, listen and complete the notes.

Hi, my name's Jerry and my bedroom's great. It's not like a lot of teenage bedrooms. My bedroom is very small, and it is always tidy. There are two small closets behind the door, and all my clothes and shoes are in them. There aren't any windows in my bedroom and there aren't big walls to put posters on. There is a big box under my

bed. My books and my toys are in the box. So, where is my bedroom? It isn't in a house... it's on a boat! And the boat's on a river – so my bedroom is on a river.

#### Review 3

Track 28

Review 3, page 78, exercise 3, listen and complete the notes.

## female tour guide:

Hello and welcome to this guided tour of Dorothy Chadwick's house – one of England's most famous artists. As you can see, her house wasn't very big. It has only one bedroom upstairs, and a small bathroom. Downstairs, the house doesn't have a dining room. There is just a small table in the kitchen. This is Dorothy's living room. It has two large chairs and a very large window out onto the garden. As you can see, the garden is big and beautiful – full of lovely flowers.

#### Review 4

Track 29

### Review 4, page 79, exercise 2, listen and check A, B or C.

I'm Sue and I'm one of the people who cooks the school meals at Sutton High School. It's a great job. I love cooking. I like making different meals every day. We always make four different meals for the children to choose from. And we always try to cook food that the children like. We cook a lot of vegetables, and there is always one meal with meat and one with fish every day. We don't give the children things like burgers because we want the children at Sutton High to eat food that's good for them. One of the favorite meals here is a big plate of meat and vegetables. But there are always sandwiches for children who aren't very hungry. The children at Sutton High love coming into the dining room for their lunch!

#### Unit 5

Track 30

## Review 5, page 80, exercise 2, listen and complete the notes.

Woman (Shop Assistant):

Good morning. Can I help you?

Mike: Hi! I'm looking for a pair of new sneakers.

Woman: How much do you want to spend? We have lots of different sneakers as

you can see.

Mike: Between 70 and 80 dollars is fine. I don't want anything more expensive

than that.

Woman: Is there any particular make you want? Nike? Adidas?

Mike: No, not really. I want them to be good-looking though, so I can wear them

to school as well as for sport.

Woman: Well, OK. This pair... is... 65.94. They're Adidas and we have them in green,

blue, and white. They're a good general sneaker. Very popular this year, actually. We also have this pair which are also Adidas. They're 75 dollars. I think they're very beautiful. They are more expensive but very popular

and we have them in yellow, red and blue.

Mike: Umh, ok, thanks. Can I also try those red and white Nike ones? They're

pretty.

Woman: These ones... for 50 dollars?

Mike: Yes, thanks. Woman: Certainly. (Ten minutes later)

Mike: They're both nice but I think I like the Nike ones. Yes. I want them. Thank

you very much.

Woman: You're welcome.

#### Unit 6

## Track 31

Review 6, page 81, exercise 2, listen and complete the notes.

#### Man (Sports reporter):

And the match is starting – The Reds versus The Blues. And look at that kick! Bingham is running up the field already and... yes, he's kicking the ball to Blake and Blake's running and he's running and... it's a goal! Amazing – in the first two seconds of the match – a goal for The Reds!!!!! Now the other players are waiting for the ball... and Gregory is chasing the ball... and he's kicking to Martin. But look, Blake is shouting at the referee. What's happening? The referee is blowing his whistle and... showing Blake the yellow card! No... it's a red card! He's telling Blake to leave the match! One of the players for The Reds – Wilson – is saying something to the referee... he's asking, "Can Blake play for five more minutes?" Oh no, now the referee is showing HIM a yellow card. What a crazy game this is!

### Unit 7

# Track 32

## Review 7, page 82, exercise 3, listen and check the correct answer.

Hi, I'm Debbie and my hobby is ice skating. I usually go ice skating three or four times every week, and I always go on Saturday afternoons. Some of my friends like ice skating too, so I often meet them when I go. Yesterday, for example, I was at the ice

rink for four hours, and three of my friends were there as well. My best friend, Geraldine, is usually there when I go skating, but yesterday she wasn't there. She was on holiday with her parents in London. I love ice skating. I don't have my own ice skates – but these days I'm saving my money to buy a pair.

#### Unit 8

## Track 33

### Review 8, page 83, exercise 3, listen and check the correct answer.

Hi, I'm Sue. The other day I talked to my grandparents about what life was like when they were young. They told me they didn't do much in their free time. My grandmother, Rose, spent a lot of her time at home helping with the housework and the cooking. She didn't go out in the evenings with her friends and she didn't have things like a computer or a smartphone. My grandfather, Victor, went to work when he was fifteen and he said life was hard. He didn't get a lot of money from working and he gave his mom money for food. So he didn't have money left at the end of the week to go out with his friends. Life in those days didn't sound like a lot of fun.

#### Unit 9

## Track 34

Review 9, page 84, exercise 2, listen and make notes.

Female: (Feeling unwell) Good morning, doctor.

**Doctor:** How can I help?

**Female:** Well, my head was hurting a lot yesterday and I think I have a temperature. **Doctor:** Okay. Let's see. I'll take your temperature. Hmm... that's high... thirty-nine. And your head is hot. Can you open your mouth, please? Say "Ahh."

Female: Ahh...

**Doctor:** You have a bad cold. Stay in bed and take this medicine. Okay?

Female: Thank you, doctor.

Male: Good morning.

Doctor: How can I help?

Male: Well, four months ago. I was riding my motorbike and I fell off and... I broke

my leg. I still walk with a stick. Sometimes it hurts too.

**Doctor:** Okay. Let's see. Does this hurt?

Male: Hmm... no! Doctor: And... this?

Male: Yes, that hurts. A lot!

**Doctor:** Hmm... I think there is a problem with the leg. Go back to the hospital with

this letter. They will do a more detailed examination of your leg.

Male: Thank you, doctor.

#### Unit 10

## Track 35

### Review 10, page 85, exercise 3, listen and complete the notes.

**Girl:** Look at this. It says *Tour the Planets* are going to organize trips into space.

Boy: Wow! That would be amazing! But I bet that'll be expensive.

Girl: Yes, they are going to cost two hundred thousand dollars each.

**Boy:** When is the first trip? **Girl:** It leaves in two years.

Boy: And how long will the people be in space?

**Girl:** They're going to be there for ten days.

**Boy:** Well, I don't think I'm going to go. I can't afford it for one thing.

**Girl:** Hmm... I'm going to call and find out more. The telephone number is here.

02089437265.

#### Unit 11

## Track 36

## Review 11, page 86, exercise 2, listen and complete the notes.

Every Sunday at eight p.m. on channel four, there is a program called *The Gadget Show* which looks at the newest and the most exciting gadgets around today. The program lasts for thirty minutes and is on once a week. This week the program looks at the best MP3 players and digital cameras on the market and compares different types to see which is the cheapest or the most expensive and which does the best job. If you want to hear about the most interesting gadgets around, you should watch *The Gadget Show*.

## Unit 12

## Track 37

## Review 12, page 87, exercise 3, listen and complete the notes.

Okay. Now we're leaving tomorrow for Turkey so I want to remind you all of a few other rules with that. First and most important, if you want to leave the hotel for any reason, you must tell a teacher. So we always know where you are and who you're with. If you go out for dinner in the evening, you must be back in the hotel by eight p.m. Not latter. You must give your passports to a teacher when we arrive at the hotel. So we always have them with us. If you go out, you must always have your mobile phones with you and switched on. And I shouldn't need to tell you... please

do not talk to any strange people in the street. Right. I think that's all. Now... any questions?